

Report on Skill Development Training for Women in Karapakkam

With a small step taken towards making women self-employed, a 9 weeks Training programed where planned by the School of Fashion Technology for the rural women in and around Karappakam, Chennai under the CSR activity of KCG College of Technology. The program is sponsored by Y's Men International Club where all the trainees received a Sewing Kit and the fabric materials required for the training worth 2000 each. The trainees where allocated with the individual sewing machine and other sewing and pattern making tools are provided to them throughout the training program. A total of Nine Ladies attended the program, where they learnt about the various activity involved in the garment manufacturing process. The Skill development program is inaugurated on 18th February 2022 by Dr. Bhanurekha, HOD, School of Fashion Technology, KCG College of Technology.



Day of Inauguration



Distribution of Sewing Kit and Material

Week wise split up of training course plan

Weeks	Syllabus planed
Week 1	Introduction, Measurement
Week 2	Designing, Pattern making
Week 3	Material selection, Sewing Machine Practice
Week 4	In-skirt, Mask
Week 5	Kids wear, Pillow-cover
Week 6	Salwar
Week 7	Kameez
Week 8	Blouse

Week 1:

A general instruction on the training program and the syllabus planned for the training where been explained to the trainees. They all learnt the basics of measurement and the different ways and methods involved in taking the measurement. The trainees where been allocated with the different sizes of dummy and given practice of taking measurement. We also asked them to take measurement among themselves and submit their own measurement.

**Week 2:**

Having their own measurement all the trainees are asked to come up with their own design for the construction of kids wear and Salwar kameez. The pattern for the kids wear, Salwar, kameez and basic blouse pattern were been explained and all the trainees are asked to come up with their individual patterns.



Week 3

The selection of fabric material for the particular style of the garment has been thought in brief. The layout plan and the grain line details are also been explained in brief. Later all the trainees were been allocated with the individual sewing machine for practice.



Week 4

All the trainees were thought with the standard pattern for the development of face mask. Then they traced the pattern to the fabric and constructed a bilayer mask. Later they all thought with the construction of inskirt to their own measurements. They drafted the pattern and constructed the inskirt. The following are some of the photos of the mask and Inskirts made by the trainees.



Week 5

All the trainees were thought with the construction of kids wear with the measurement they have taken for their own kids. They were thought with different style of kid's frock such as A-line, Circular and Pleated frock. After the completion of kids wear they constructed a pillow cover for standard size. The following are some of the photos of kids frock and pillow cover made by the trainees



Week 6

All the trainees were thought with the construction of Salwar with their own measurements. They were thought with different style of salwar such churidar pant, Gathering and Patiala style.

Week 7

All the trainees were thought with the construction of Kameez with their own measurements. They also thought with the different types of neckline design finishing methods. The trainees were asked to come up with their own designs and thought to construct the garment to the designs made by them. The following are some of the photos of salwar kameez made by the trainees



Week 8

All the trainees were thought with the construction of blouse for their own measurements. They were thought with the basic style of darted blouse. They also thought with the different types of neckline design for back neck. The trainees were asked to come up with their own designs and thought to construct the blouse to the designs made by them. The following are some of the photos of blouse made by the trainees



Week 9

Alteration made to adjust corrections for fittings of the garment were explained in detail to all the trainees. From this section all the trainees get a knowledge on corrections made for the fitting of the garment and they also come to the mistakes done by them and they can rectify themselves.

Trainers Detail:

1. Ms. J. M. Subashini

Assistant Professor

Department of Fashion Technology

KCG College of Technology

2. Ms. S. V. Dharaga Selvi

Assistant Professor

Department of Fashion Technology

KCG College of Technology

3. Ms. Muthu Kavitha

Lab Instructor

Department of Fashion Technology

KCG College of Technology

Trainees Detail

Sl.no	Name	Age	Occupation
1	Bhanu	38	House Wife
2	Bharathi	18	Student
3	Bhavani	33	House Wife
4	Dharani	30	House wife
5	Karpagavalli	18	Student
6	Lakshmi	28	House wife
7	Saranya	28	House Wife
8	Sharmila Devi	31	House Wife
9	Surya	33	House Wife